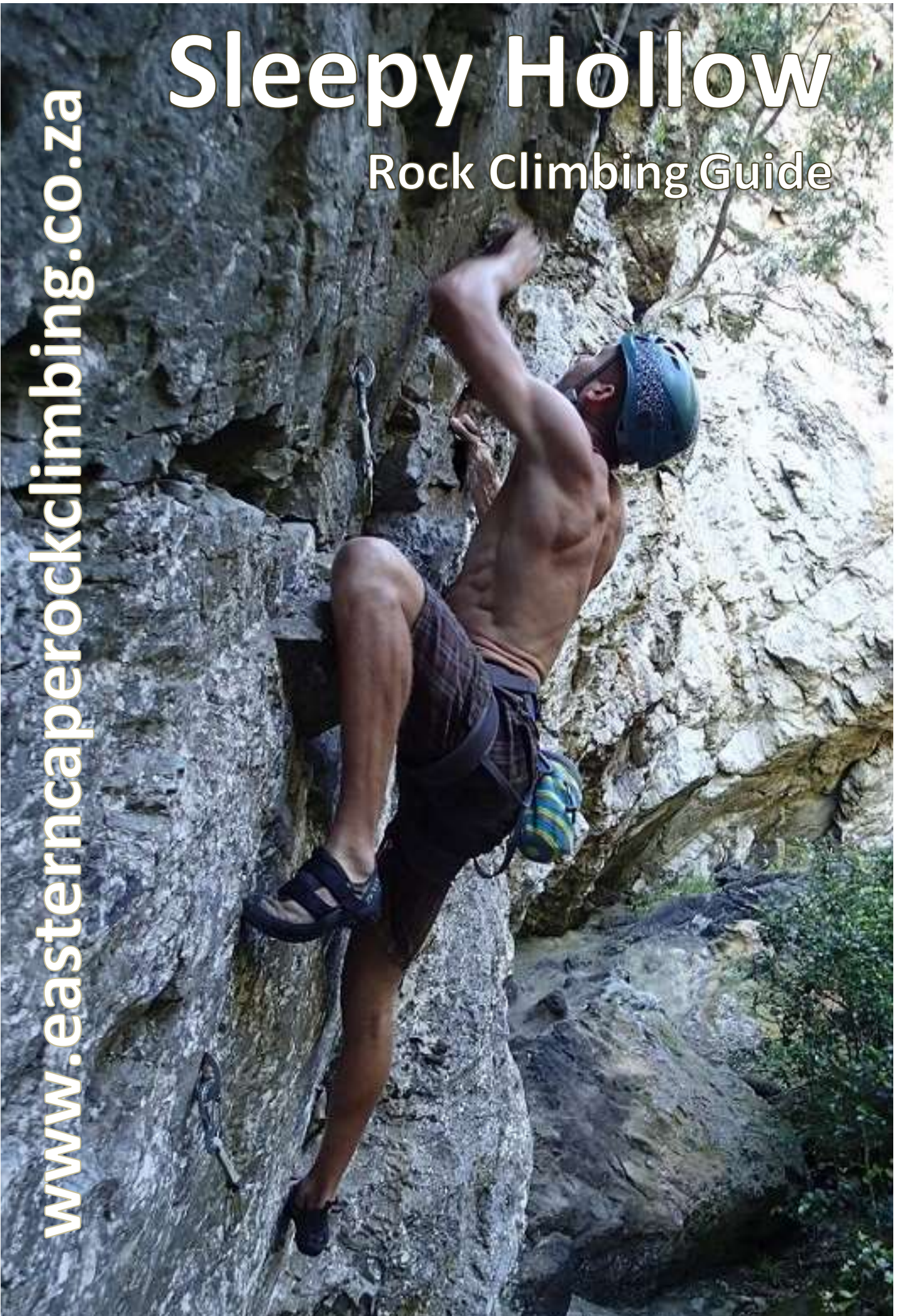


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Sleepy Hollow

Rock Climbing Guide





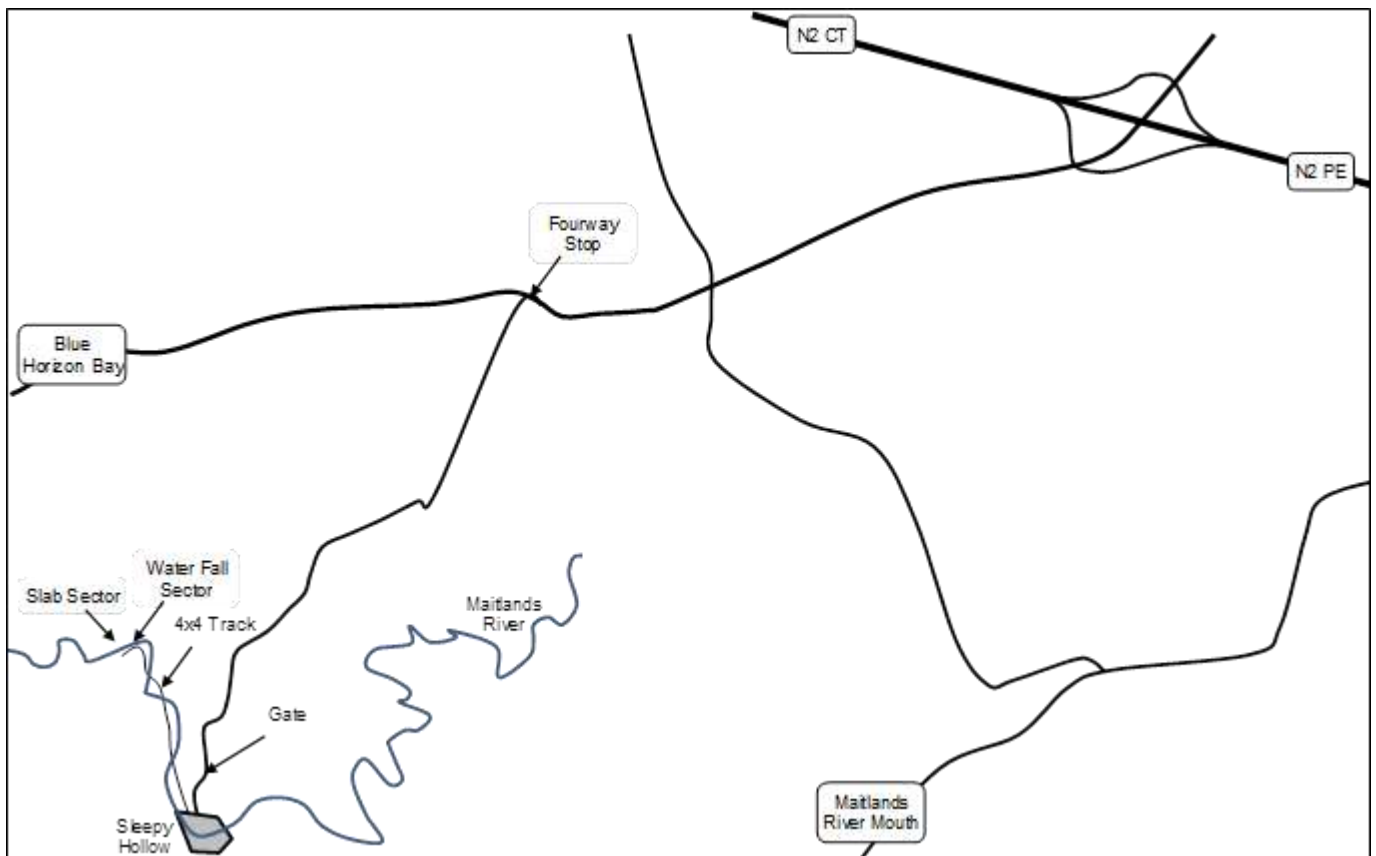
Legal Note: All climbing is very dangerous & always at your own risk. Nobody is forcing you to climb. You choose to climb, so choose to go home before the risks become too high. Remember even small injuries can take 6 weeks to heal. No responsibility for inaccurate or incomplete information will be accepted by the scribe or any other body. The landowners accept no liability at all. Climbers take full responsibility for themselves at all times. Fixed protection will become unreliable, loose rock is common, solid rock becomes loose & RD writers make up most of the information, with a beer, at the computer. This RD is only a guide & is no substitute for experience, training, common sense & a touch of caution. So, you are on your own...take care!

Note From the Scribe: It took consistent effort, time, work & organization to get this guide ready for your pleasure...for free! Thus, please respect that all the information & photographs are strictly **Copy Righted**. You are more than welcome to print out or e-mail this guide in its unchanged format, with logos & all information intact. Or link www.easterncaperockclimbing.co.za to your web page so that the most up-to-date guide is always available. As this is a web-based guide it can be considered a continual work in progress. It is easy to change. So please send missing details, corrections, additions & adjustments to info@easterncaperockclimbing.co.za. All information will be greatly appreciated.

Directions: Take the N2 out of PE in the direction of Cape Town. About 20km out, take the Blue Horizon Bay road. Just after the four way stop, take a L turn & continue to Sleepy Hollow. There is a gate that requires a pin code. Pass through, at the resort take the first L, park or continue down the 4x4 track. At a point the track passes a wooden hut, park shortly after this in an open clearing. Walk up stream towards the waterfall, on sort-of-a-path.

Access: Sleepy Hollow is a private nature reserve & holiday resort. The permanent residents are quite adamant that their piece of nature is not going to be messed with. Please respect this at all times. Always call the farmer to ask if it is ok to go climbing. He will provide the pin code for the gate. Please contact Anton Botha on 041*775-1400 or 084-675*1348. Cost in 2016 was R25 per person per day to walk/climb. The farmer's son is a potential climber, very keen. Please include him in your climbing trips.

The 30m sweet Limestone face opposite the resort is totally off limits to any climbing. The locals are quite





adamant that there will be no climbing on this face, as they are concerned that climbing will impact bird nesting. So it is, off limits for now. Please respect this.

History: Francois Jacobs lived at Sleepy Hollow in about 2005. During that time, he did quite a bit of exploring, abseiling & bolted the first line. This bolted project was mentioned quite often back in 2005. Finally, all the whispers of rock near Blue Horizon Bay were taken seriously & a party ventured forth to check it out in 2015.

Accommodation: Sleepy Hollow is a holiday resort; they have lots of accommodation. Speak to the farmer. There is camping & various cottages.

Security: Not an issue at all. Apparently, the farmer & the residents in this area take no nonsense. Still take the usual precautions.

Environmental:

Please educate your entire group properly on all these points. Never presume that they would know.

1. The major issue is **taking a crap**. Move away from the stream or water courses. Try to find a flat area. Bury with a large rock on top. Please take this seriously.
2. Don't leave any **rubbish**.
3. **The residents** are serious about birds & plants. Please don't damage any wild life.

Best Season: All year round. It could be difficult to assess after heavy rain. The river crossings would be difficult to ford during heavy rain. The Waterfall Cave area is sheltered from rain & shaded. Can be climbed in heavy down pours.

Rock Type: Quartzite set in a forested gorge. There are 5 bolted lines & 9 trad routes. One of the bolted lines is a closed sport project.

Using the Guide:

1. Crag and routes have been recorded from **down-stream to up-stream**. Or as you walk-in to the crag.
2. Maps indicate general layout. They are not in perfect scale. Paths & tracks on the maps indicate general direction only. Paths may/will become grown over in a short period of time.
3. **L** and **R** will be given as if you were facing the crag.

Hazards, Safety & Warnings: Remember climbing is always at your own risk. Nobody is forcing you to climb. Just go home before the risks become too high.

1. Use a **helmet**. There are plenty of loose rocks.
2. This is **puffadder & cape cobra** country, especial near settlements & farmhouses. They have not often been seen out in the bush or near the crags. The nearest anti-venom is at Greenacres Hospital.
3. **Baboons** could be a hazard & should be considered very dangerous. Do not corner them or approach them in any way. Do not try to displace them.
4. **Ticks, thousands of the critters.** Its crazy! Take plenty of tabard spray, use it liberally & apply it repeatedly throughout the day. Keep checking & removing. Check yourself continually & again when you get home, especially your cracky bits.

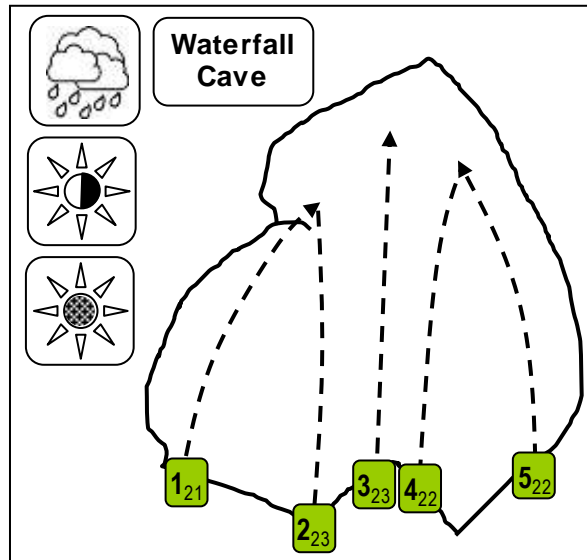
Star Ratings	
★★★	Classic route in this province
★★	Good route in the area
★	Good route at this crag
No star	Reasonable to bollocks
Abbreviations & Symbols	
	(T) Trad route (natural gear) & grade
	Sport route (bolted) & grade
	Open Project / in-progress & ± grade
	Closed Project & ± grade
	(S) FA was solo & grade
	Potential
	Abseil point
(11B&C)	Number of bolts & top chains
P / RB	Piton / Removable bolt
	Afternoon Shade
	Morning Shade
	Shade all day
	Sun all day
	Dappled shade all day
	Can be climbed in wet weather

Waterfall Cave



The following routes are on a small overhang the LH side of the waterfall. The routes are short, but very interesting climbing.

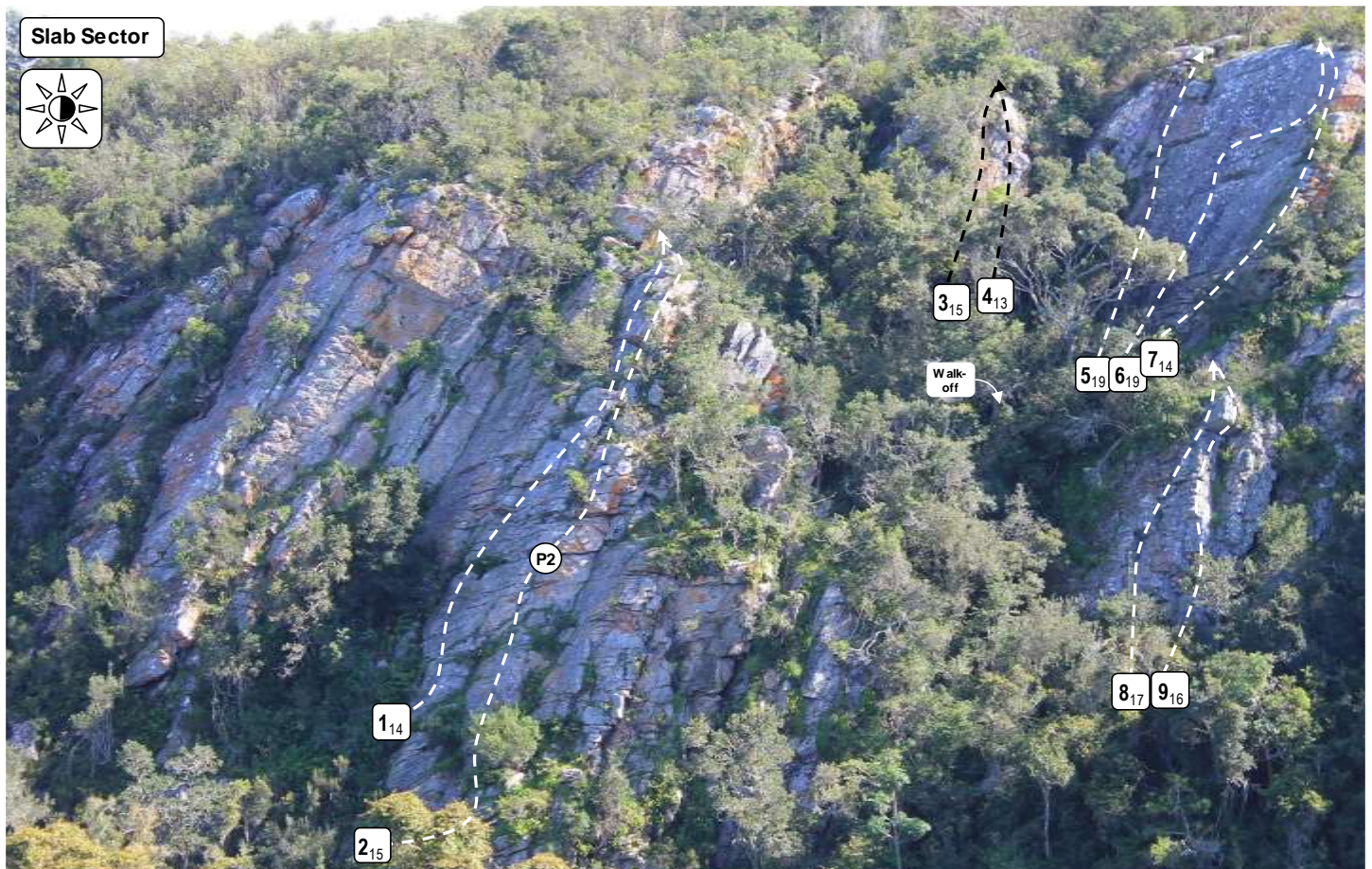
- **1. Metal Wings – 21** Derek Marshall & Terence Trevaskis 06/02/2016 (4B&C)
- **2. Angels of the Apocalypse – 23 ★★** Derek Marshall & Ruan Grundlingh 13/09/2015 (4B&C)
Bolted by Franko Jacobs in 2005.
- **3. Northern Gate – 23 ★★** Juan-dray Marshall & Terence Trevaskis 27/05/2017 (5B&C)
Bolted Terence Trevaskis (5B&C)
- **4. Honor – 22 ★** Derek Marshall & Ruben Snyman 10/12/2016 (5B&C)
- **5. Shame – 22 ★** Derek Marshall & Ruben Snyman 10/12/2016 (4B&C)



Slab Sector



These are the slabs that are very visible, high & L of the waterfall. Turn up the slope from the stream bed, where the two streams merge, 15m up the stream that flows from The Waterfall. There is no real path, more of a “way” through the bush.



1. Hector's Hymn – 14 32m Derek Marshall & Tyson Baars 07/11/2015 (T)

Follow the nice clean slab to belay from on top.

2. Super Nova - 15 Terence Trevaskis & Derek Marshall 07/11/2015 (T)

P1 – 15 – 18m From a low start, traverse out R to an undercut, over this & up the slab trending L to a stance on a break, with lots of gear.

P2 – 14 – 20m Directly up to a good stance on top.

3. Out of the Dark – 15 12m Derek Marshall & Terence Trevaskis 07/11/2015 (T)

Low open book crack under large square roof. Rail out R & break out onto the slab above. Trend a bit L.

4. Juicy Mommy - 13 12m Terence Trevaskis & Derek Marshall 07/11/2015 (T)

Easy ramp, stay on the RH arête.

5. Ex Inferis – 19 ★ 18m Derek Marshall & Tyson Baars 07/11/2015 (T)

Up the break on the LH side of the slab. It gets thin in places.

6. Hammer High – 19 ★ 22m Derek Marshall & Tyson Baars 07/11/2015 (T)

Up the break in the middle of the slab, at about two thirds the way up traverse R almost to the arête to avoid a blank scary section. Traverse back L before topping out.

7. Tainted Metal – 14 22m Derek Marshall & Tyson Baars 07/11/2015 (T)

Move diagonally R under a slight undercut to gain the arête. Up the arête, Traverse L before topping out.

8. Evil Incarnate – 17 32m Derek Marshall & Tyson Baars 07/11/2015 (T)

Up R facing open book, over overhanging blocky section. Keep going up directly.

9. Skiet en Bewieg – 16 32m Derek Marshall & Tyson Baars 07/11/2015 (T)

Up cracks onto arête, up then near the top step R over the open book to avoid the block roof.

