



Freddie (Fort Fredrick)

Legal Note: All climbing is very dangerous & always at your own risk. Nobody is forcing you to climb. You choose to climb, so choose to go home before the risks become too high. Remember even small injuries can take 6 weeks to heal. No responsibility for inaccurate or incomplete information will be accepted by the scribe. The landowner accepts no liability at all. Climbers take full responsibility for themselves at all times. Fixed protection will become unreliable, loose rock is common, solid rock becomes loose & RD writers make up most of the information, with a beer, at the computer. This RD is only a guide & is no substitute for experience, training, common sense & a touch of caution. So, you are on your own...take care!

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As this is a web-based guide it can be considered a continual work in progress. It is easy to change. So please send missing details, corrections, additions & adjustments to info@easterncaperockclimbing.co.za . All information will be greatly appreciated.

History: Fort Fredrick was at a stage one of the main training areas for the Eastern Province Mountain Club. Before club meetings on Thursday nights, the climbers would head to Freddie for a quick pump before the weekly waffle. Flood lights allow all hours training. These days karate training would be useful if one was planning a trip to Freddie after dark. Steven Reed rendered the memories of these prominent problems over coffee, just before he retreated from the Eastern Cape.

Directions: From Cape Road turn into Rink Street. Turn L into Western, then R at the stop street. Park at the end.

Safety:

1. this is a real concern. The area has a reputation for muggings, drugs, prostitution and all that goes. The bigger the group the better. No lone woman climbers or couples. Leave all your valuables at home... not in the car. And make sure it doesn't look like you are sniffing your chalk. On the other hand: Freddie has a marvelous view and during the day there is a charming atmosphere.
2. Some of the walls are quite high. Take a crash mat. Watch out for glass.

Gradings:

- A = Lank Easy**
- B = Easy**
- C = Hard**
- D = Lank Hard**

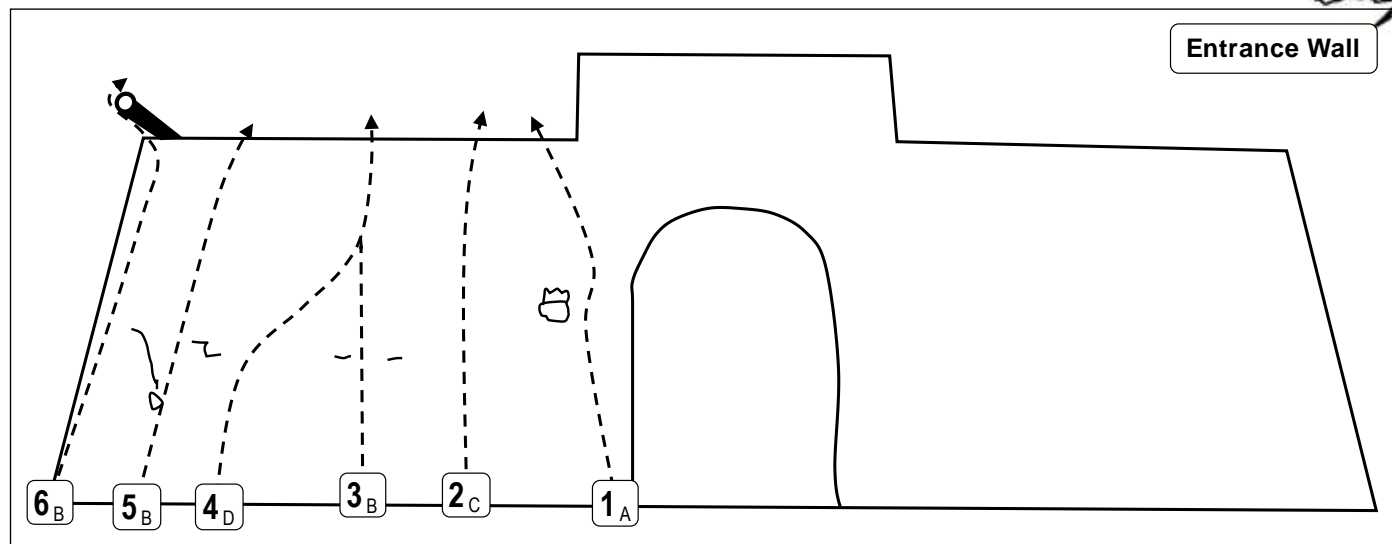
Why the new grading system? New things are fun & nice. Move with it & enjoy the climbing.

Entrance Wall

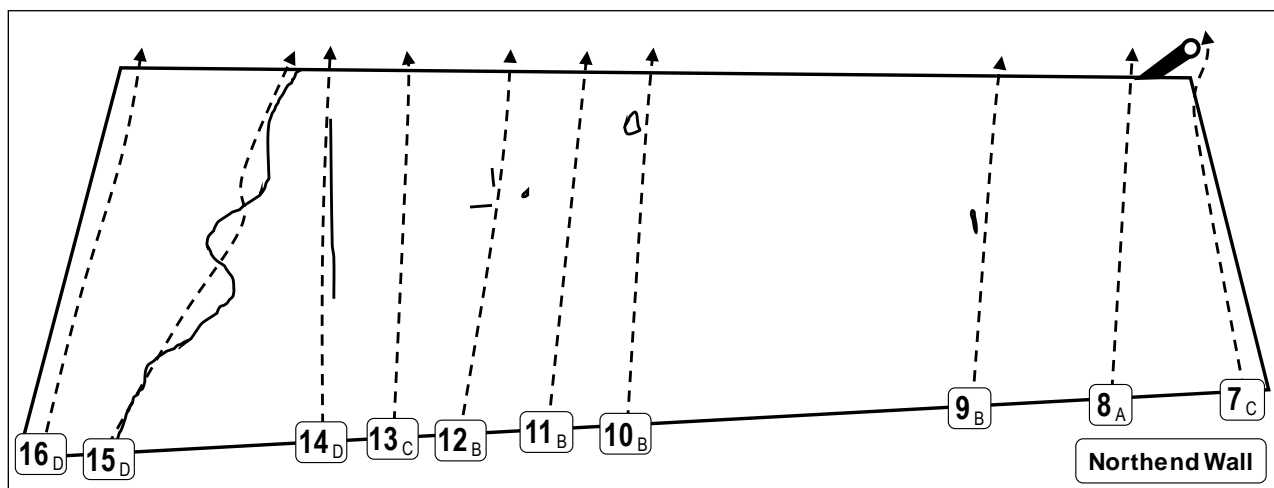
1. Just L of door. Up arête...going for corner. Top out. **A**
2. 1m I of plaque. Pockets. Top out. **C**
3. 4m L of plaque. Wide pockets to top. Top out. **B**
4. 3m R of corner. Good feet, with LH side pull. High step, moving R. Top out. **D**

5. 1.5m R of corner. Start pocket below crack. Into center pocket. Top out. **B**

6. **Stevens Corner**, RHS of arête. Top into barrel. **B**



Northend Wall



7.
Kalib's

Corner, LH side of arête. Into barrel. **C**

8. **Descent Route**, obvious easy line to broken topping. **A**

9. 4m L of corner. Up using side pulls. **B**

10. Hand Jam Crack 8m L of corner. **B**

11. 12m L of corner. Triangular hold 2.5m up. **B**

12. **French Route**, 16m from corner. Up to obvious crimp move. R into finger pockets. **B**

13. 21m from corner. Big hold in crack. **C**

14. 5m R of corner. Up diagonal crack. **D**

15. 2m R of corner. Up diagonal crack. **D**

16. RH side of arête into Barrel. **D**

Harbour Wall



- 17. **ADK's Route**, 3m R of corner. Into prominent square hole. End in break. **C**
- 18. 5 holes to top out. 9m L of corner. **C**
- 19. **The Cat Route**: 12m L. Big square hole with smaller one above. **B**
- 20. 14m L. 20 & 21 join in an obvious way. **B**
- 21. 16m L. **B**
- 22. Up faint L trending crack line. **B**
- 23. 10m R of corner. Up crack. **B**

