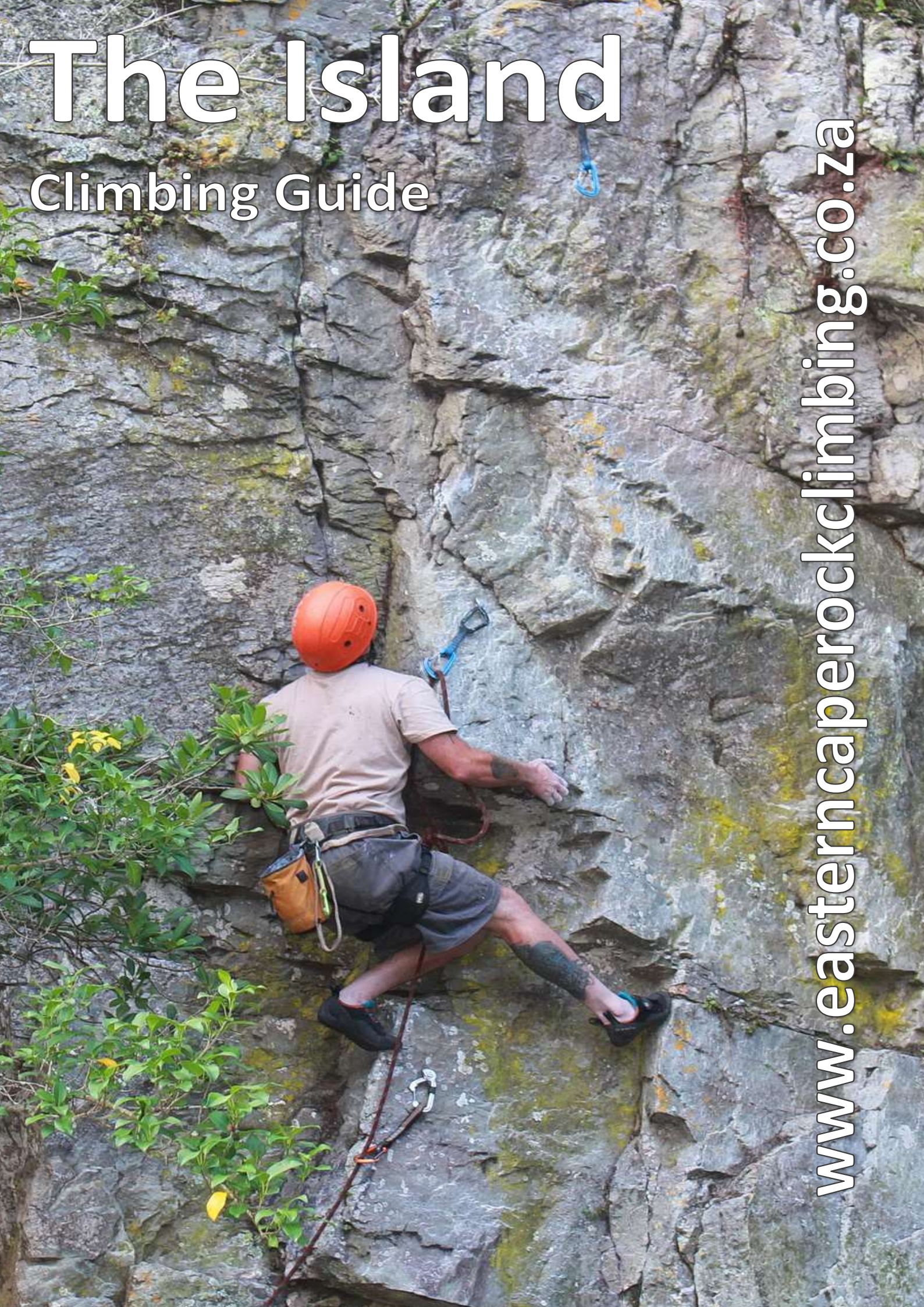


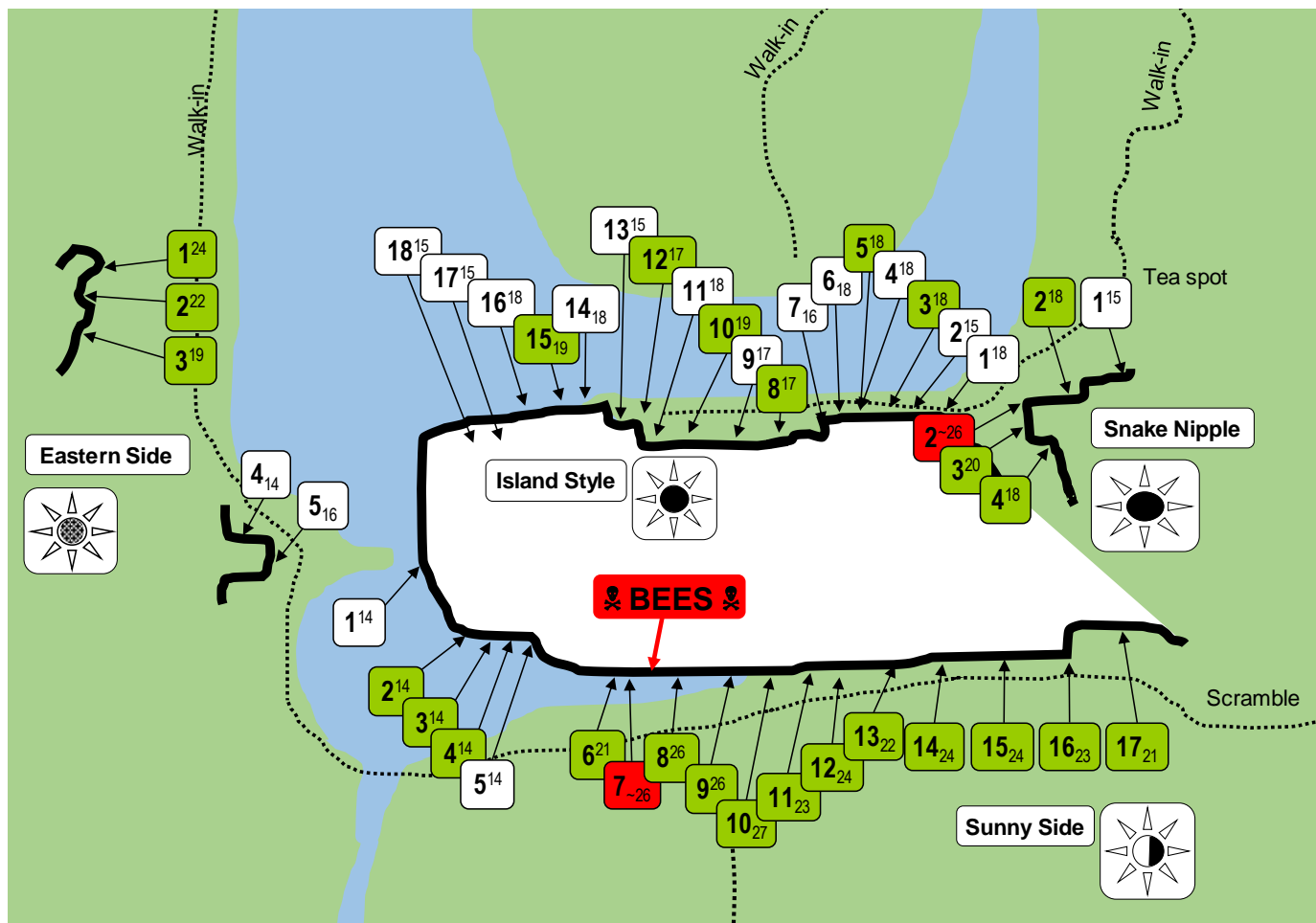
The Island

Climbing Guide



www.easterncaperockclimbing.co.za

Legal Note: All climbing is very dangerous & always at your own risk. Nobody is forcing you to climb. You choose to climb, so choose to go home before the risks become too high. Remember even small injuries can take 6 weeks to heal. No responsibility for inaccurate or incomplete information will be accepted by the scribe or any other body. The landowners accept no liability at all. Climbers take full responsibility for themselves at all times. Fixed protection will become unreliable, loose rock is common, solid rock becomes loose & RD writers make up most of the information, with a beer, at the computer. This RD is only a guide & is no substitute for experience, training, common sense & a touch of caution. So, you are on your own...take care!



Note from The Scribe: It took consistent effort, time, work & organization to get this guide ready for your pleasure...for free! Thus, please respect that all the information & photographs are strictly **Copy Righted**. Nobody "has" a lawyer, normally a lawyer has us...by the short & curlies. But I do know this lawyer, he's a bit of a dick, but apparently, he normally wins. Friends let's not get to see how much of a dick he really is. You are more than welcome to print out, e-mail or link to a web page this guide in its unchanged format, with logos & all information intact.

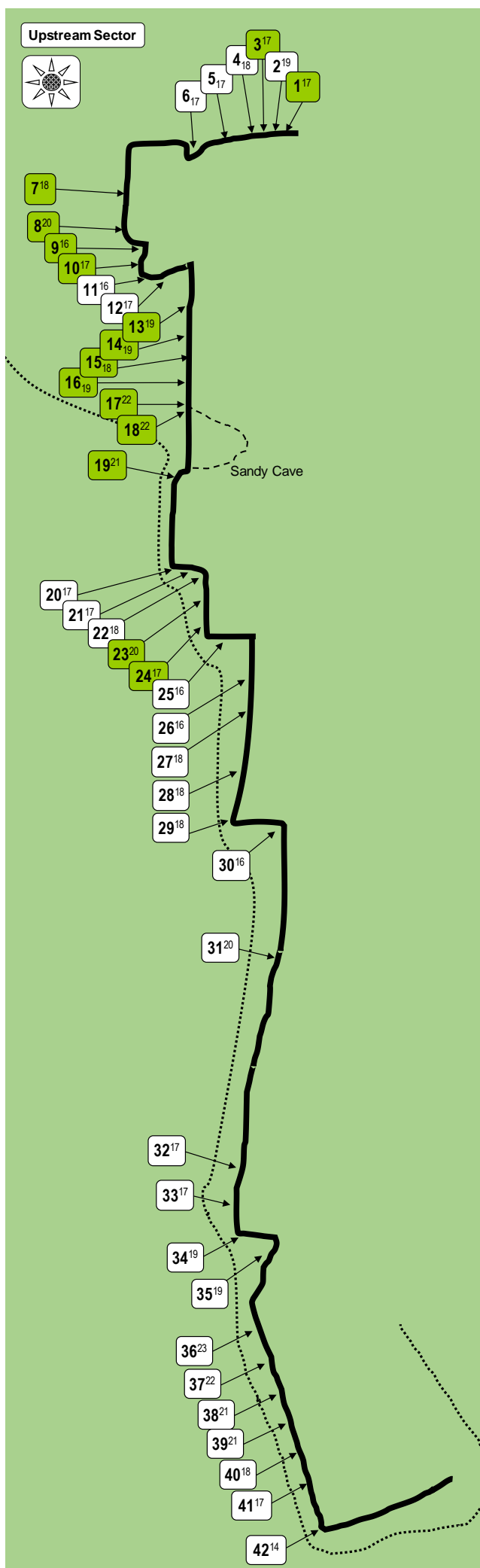
As this is a web-based guide, it can be considered a work in progress. It is easy to change. Please send missing details, corrections, additions & adjustments to marshall@qsagroup.co.za or Whatzap 083 681 8713. All information will be greatly appreciated.

Access: Access is via marshall@qsagroup.co.za or Whatzap 083 681 8713 at this stage & via arrangement. There are fences & strict gate guards.

Walk-in: ±500m. Easy path, well groomed path.

Potential: Some trad potential, but most routes are completed.

General: 85 routes; 41 sport routes, 2 sport project & 44 trad lines.



Environmental: The owners are strict environmentalists & want to keep The Island natural, pristine & stunningly beautiful.

- Please make sure all litter is carried out. Please carry out any unnatural items that you find.
- Please make sure your party has toilet etiquette. No ablutions next to water. Discretion & distance, then bury.
- Pull-out or ring bark wattles & gumtrees. Try to help, if everyone does 5 wattles per trip it will make a big difference.
- Strictly don't disturb, cut down or pull-out indigenous plants on the path, on route or at the base of routes. Try to tie back, bend & manicure without damaging any plants.

Rock Type: Vertical quartzite trad & steep overhanging sport on the other side.

History: The farm Rietfontein is mentioned in Henry Lichtenstein' book Travels in Southern Africa 1803 – 1806.

Thanks & Appreciation:

- **Massive thanks & appreciation to the landowners**, who graciously allow us to climb at The Island! Thanks Ryan!

Star Ratings	
★ ★ ★	Classic route in this province
★ ★	Good route in the area
★	Good route at this crag
No star	Reasonable to bollocks
Abbreviations & Symbols	
7 ₁₉	(T) Trad route (natural gear) & grade
9 ₂₁	Sport route (bolted) & grade
4 ₋₂₅	Open Project / in-progress & ± grade
4 ₂₀	Closed Project & ± grade
7 ₁₈	(S) FA was solo & grade
⚠	Potential
Ⓜ	Abseil point
(11B&C)	Number of bolts & top chains
P / RB	Piton / Removable bolt
☀ (with 12 o'clock shadow)	Afternoon Shade
☀ (with 6 o'clock shadow)	Morning Shade
☀ (with 6 o'clock shadow)	Shade all day
☀	Sun all day
☀ (with 12 o'clock shadow)	Dappled shade all day
☁	Can be climbed in wet weather

Snake Nipple



This is a small buttress of rock to the west of the peninsular.

1. Tiny Island Nuts - 15

Nelmarie van Staden & Ruben Snyman 02/08/2020 (T)

Small short open book behind tea spot.

● 2. Triumph of Spectacle - 18 ★

Derek Marshall & Terence Trevaskis 02/05/2021 (6B&C)

● 3. Closed Project / In Progress ~ 26

Bolted by Terence Trevaskis (7B&C)

● 4. Snake Nipple – 20 ★★★

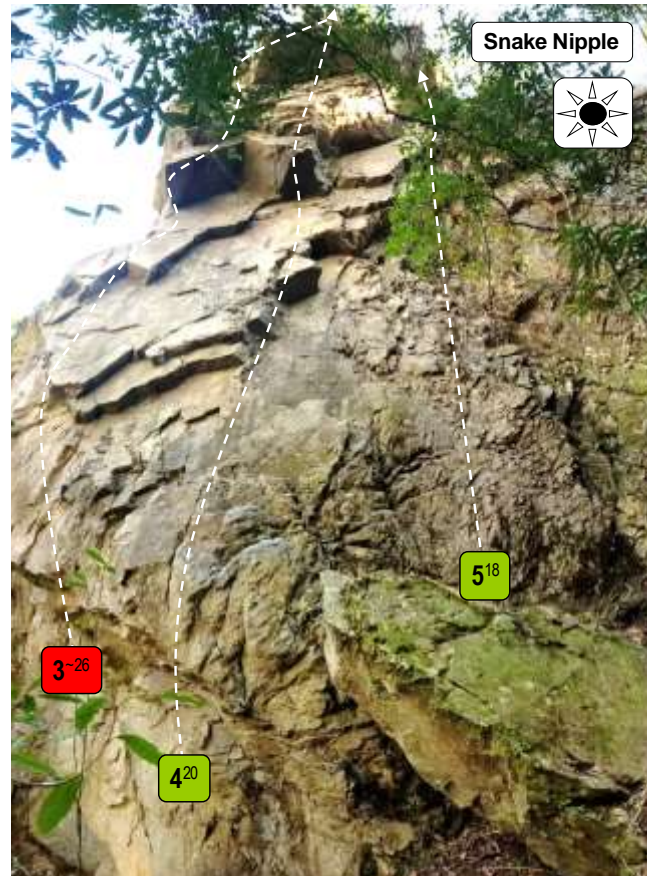
Terence Trevaskis & Derek Marshall 25/04/2021 (6B&C)

At the start, using the block to the R is dogging.

● 5. The Dirt & The Divine – 18

Derek Marshall & Terence Trevaskis 02/05/2021 (5B&C)

Bolted by Terence Trevaskis.



Island Style



These routes are on the downstream south side of the peninsular jutting into the lake.

1. Ignorance Celebrated – 18

Derek Marshall & Ruben Snyman 04/07/2021 (T)

Up bulging hand crack to L of *Momentaria*. Stepping R into groove of *Toothless Tyrant* is dab. Continue up arête.

2. Toothless Tyrant – 15

Ruben Snyman & Nelmarie van Staden 02/08/2020 (T)

Start-up groove open book. Directly up trending a bit R.

3. Momentaria – 18 ★

Derek Marshall & Ruben Snyman 03/05/2021 (7B&C)

4. Lick It Up - 16

Ruben Snyman & Nelmarie van Staden 02/08/2020 (T)

Start up 2nd 'V' notch from the L. Then move L into easier ground & gear.

5. Energy Spectrum – 18 ★

Derek Marshall & Ruben Snyman 14/03/2021 (7B&C)

6. Trust the Instruments – 18

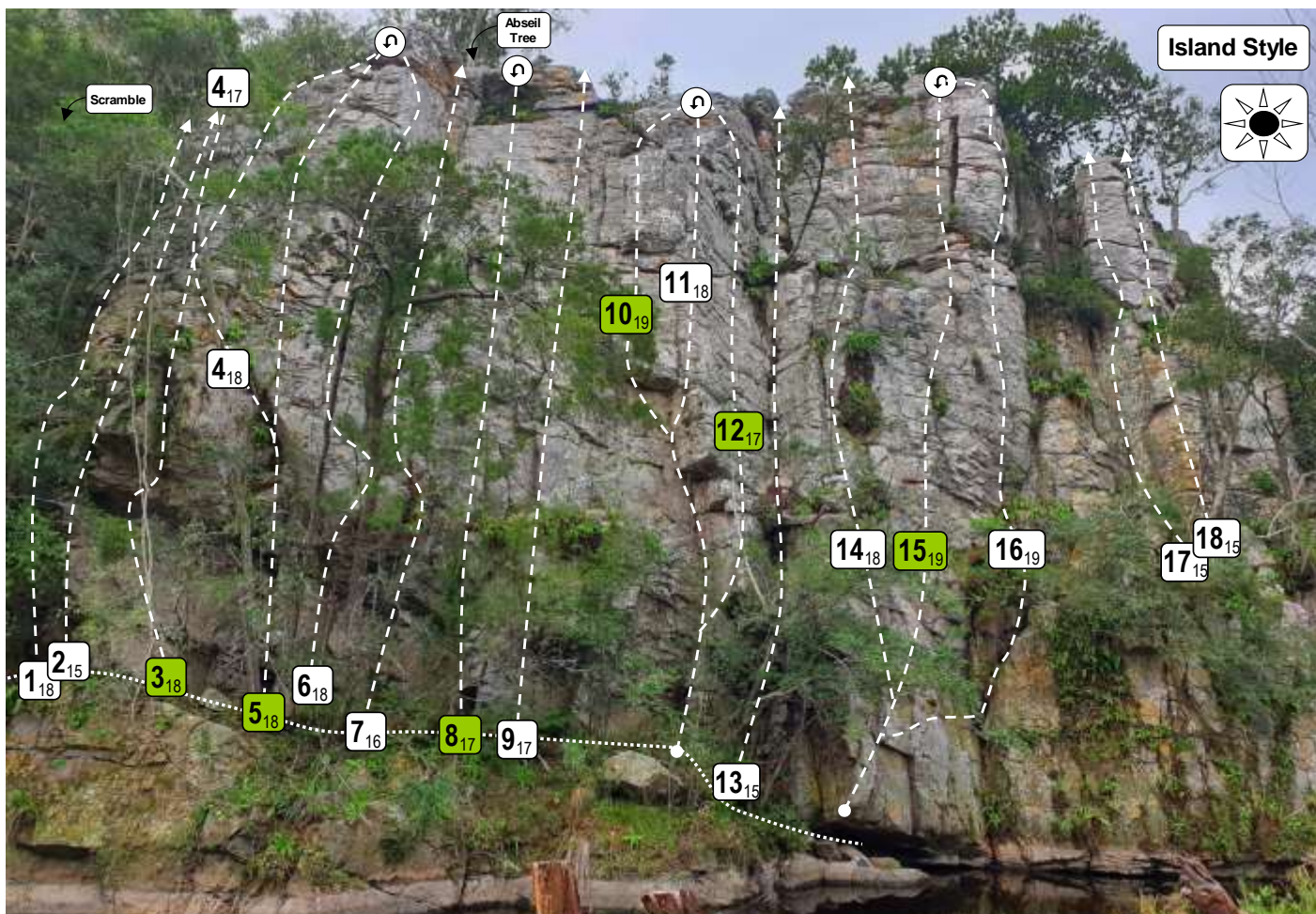
Derek Marshall & Terence Trevaskis 21/03/2021 (T)

Start up an overhanging arête just R of *Energy Spectrum*, moving a bit R. Then over various ledges & a ramp. Up the blunt arête. Past the roof at base of arête, move a bit R, but not into the open book crack, then back L onto the chains of *Energy Spectrum*.

7. Windmill Windmill – 16 ★

Derek Marshall, Tyson Baars & Ryan Olivier 17/05/2020 (T)

Up prominent R facing open book.





- **8. Waterboy – 17 ★** Terence Trevaskis & Derek Marshall 25/04/2021 (6B&C)
- 9. Isa Koodee Taos - 17** Derek Marshall & Neil Olivier 02/08/2020 (T)
Up steep short wall to gain a ledge, up to LHS of small roof.
- **10. Wolf Moon - 19 ★★** Terence Trevaskis & Ruben Snyman 14/03/2021 (7B&C)
- 11. The Red Flower - 18** Derek Marshall, Tyson Baars & Ryan Olivier 17/05/2020 (T)
Up below the blunt arête. Up the arête using side pulls.
- **12. Good Life – 17 ★** Terence Trevaskis & Ruben Snyman 07/03/2021 (7B&C)
- 13. The Watcher - 15** Derek Marshall & Neil Olivier 02/08/2020 (T)
Up the low awkward open book break, move R & up the easy open book.
- 14. A Lobster Called Jock - 18** Derek Marshall & Terence Trevaskis 21/03/2021 (T)
Start up first two bolts of *Mr. Krabs*, then break L onto various ledges. Up nice crack in head wall.
- **15. Mr. Krabs – 19 ★** Derek Marshall & Terence Trevaskis 07/03/2021 (8B&C)
- 16. Water Babies - 19** Derek Marshall & Terence Trevaskis 21/03/2021 (T)
Start up clipping first bolt of *Mr. Krabs*, then traverse R above the water to a short off-width. Up over a few ledges to a crack system to R of *Mr. Krabs*. Up cracks to R of blunt block arête, stay R of off-width, onto arete to chains of *Mr. Krabs*.

Abseil onto ledge to R to climb these short, but sweet routes.
- 17. Rebellion Pack – 15** Derek Marshall & Terence Trevaskis 21/03/2021 (T)
Up L facing open book, skirt the veg ledge, but stay on the LH arête.
- 18. System of Constraints – 15** Derek Marshall & Terence Trevaskis 21/03/2021 (T)
Up ramp prow & onto a ledge. Up good crack system & RH arête.

Eastern Side



This short fin is on the eastern side of the lake, slightly off the path in a nice forest.

● **1. Sweet, Sweet Lies – 24 ★★**

Derek Marshall & Ruben Snyman 04/06/2022 (6B&C)

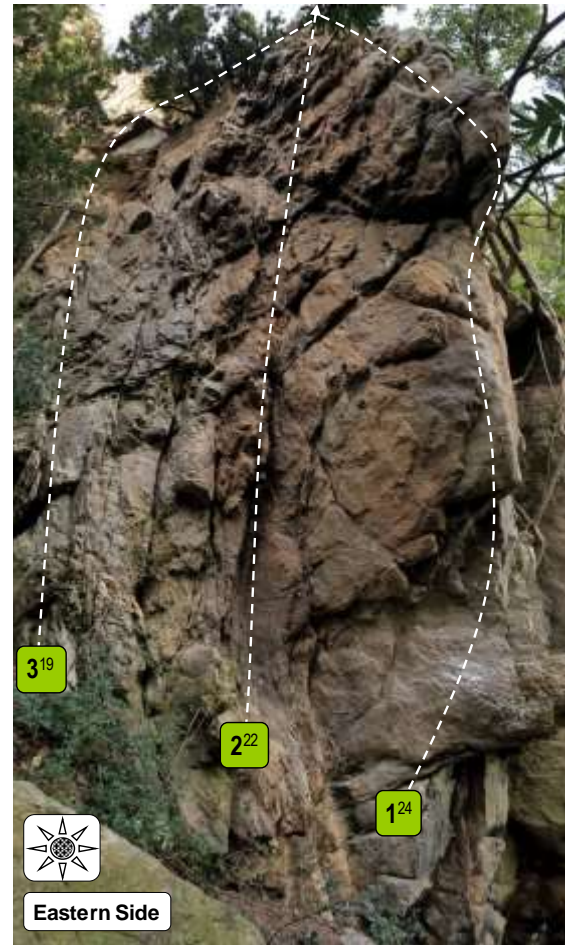
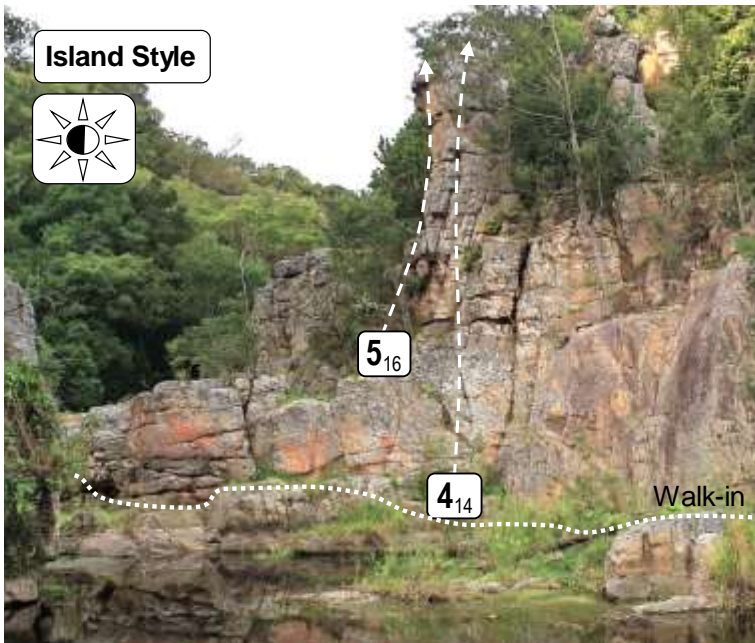
Stay on the bolts on the arête, don't use tree, roots or crack to the R. Don't go too far to the R.

● **2. Is That What You Want – 22 ★★**

Derek Marshall & Ruben Snyman 25/04/2021 (5B&C)

● **3. Snake Milk – 19**

Terence Trevaskis & Derek Marshall 11/04/2021 (5B&C)



4. Glory of the Morning – 14

Terence Trevaskis & Nelmarie van Staden 19/09/2020 (T)

Up the downstream side of a small face, using cracks & rails.

5. Knights in Black Satin - 16

Terence Trevaskis & Nelmarie van Staden 19/09/2020 (T)

From the step up the small face that faces the overhanging side of *The Island*.

Sunny Side



This is the overhanging upstream side.

1. Doctor V – 14

Derek Marshall & Tyson Baars 2020/05/17 (T)

Step across the water, up a short face to the arête. Move R around the arête & up the arête to the top.

2. Naughty Squirrel – 14

Terence Trevaskis & Derek Marshall 2024/10/05 (8B&C)

3. Separate Destinies - 14

Derek Marshall, Tyson Baars & Ryan Olivier 2020/05/17 (6B&C)

Bolted by Tyson Baars after the flood 2024/10/05.

4. Little Squirrel Spankings – 14

Terence Trevaskis & Derek Marshall 2024/10/05 (8B&C)

5. Counting the Loss – 14

Tyson Baars, Derek Marshall & Ryan Olivier 2020/05/17 (T)

Up the easy open book, move R of the block on top.

6. Dying Light – 22

Derek Marshall & Ruben Snyman 2022/11/20 (7B&C)

7. Closed Project ~26

Bolted by Derek the Monster Marshall (8B&C)

8. Chocolate Truffle – 26 ★★★

Mathew Grunewald & Munro Munnik 2022/05/15 (8B&C)

Bolted by Steve Kurr (*J-Bay Face Stev-O*).

9. High & Dry – 26 ★★★

Dale Gathercole & Charl Atkinson 2021/02/27 (8B&C)

Bolted by the snake Dale Gathercole (☺!) & Tristian van der Merwe.

10. No Slacking in Africa – 27 ★★★

Cameron Wesson & Ruben Snyman 2023/06/24 (9B&C)

Bolted by Derek the Monster Marshall.

11. Renewable Energy - 23 ★★★

Derek Marshall & Ruben Snyman 2020/09/19 (8B&C)

12. The Flood – 24 ★★★

Camern Wesson & Munro Munnik 2024/09/21(8B&C)

13. This Is My Energy - 22 ★★★

Derek Marshall & Ruben Snyman 2020/09/19 (8B&C)

14. Regardless – 24 ★★

Derek Marshall & Fero Kocis 2021/10/16 (8B&C)

15. Digital Paradise – 24 ★★

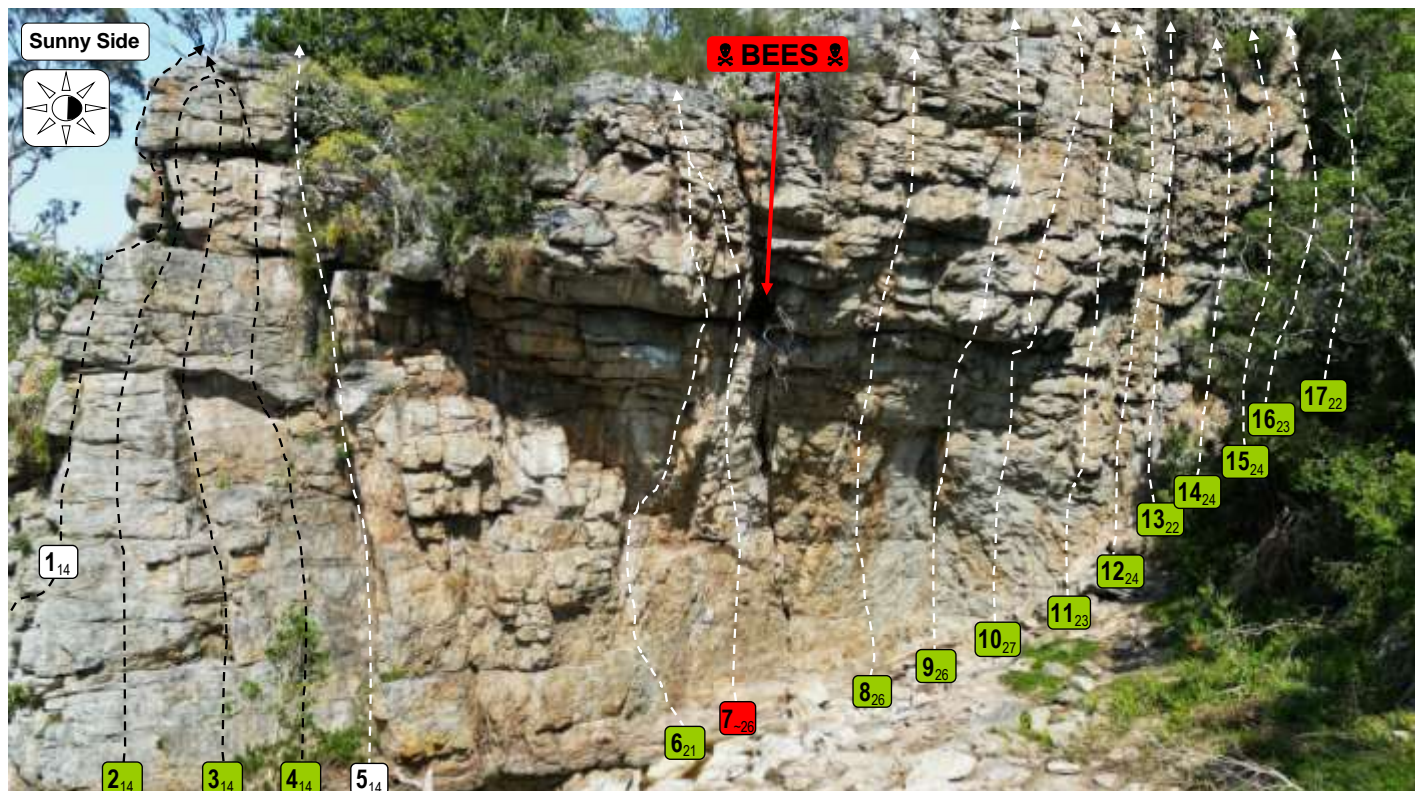
Derek Marshall & Ruben Snyman 2021/10/23 (8B&C)

16. Dark Meditation – 23 ★

Derek Marshall & Ruben Snyman 2022/06/04 (7B&C)

17. Flying Blind - 22

Derek Marshall & Ruben Snyman 2021/04/17 (6B&C)



Upstream Sector

This sector is 30m upstream from *Sunny Side*. The routes are on average a bit short, but some of them are about 18m long.

● **1. The Battlefield - 17**

Derek Marshall & Tyson Baars 2024/10/05 (6B&C)

● **2. Perseverance Porn – 19**

Derek Marshall & Tyson Baars 2022/12/03 (T)

Starting on low L sloping shelf, directly Up slight bulge, then trend L onto ledge. Up easy looking break to the L. Then up a short groove.

● **3. The Nights & the Days – 17**

Derek Marshall & Tyson Baars 2024/10/05 (7B&C)

● **4. Rhythms of Heaven - 18**

Derek Marshall & Terence Trevaskis 2022/12/03 (T)

Start 3m L of off-width. Up slight recession, onto ledge. Up prominent, slight R facing open book break.

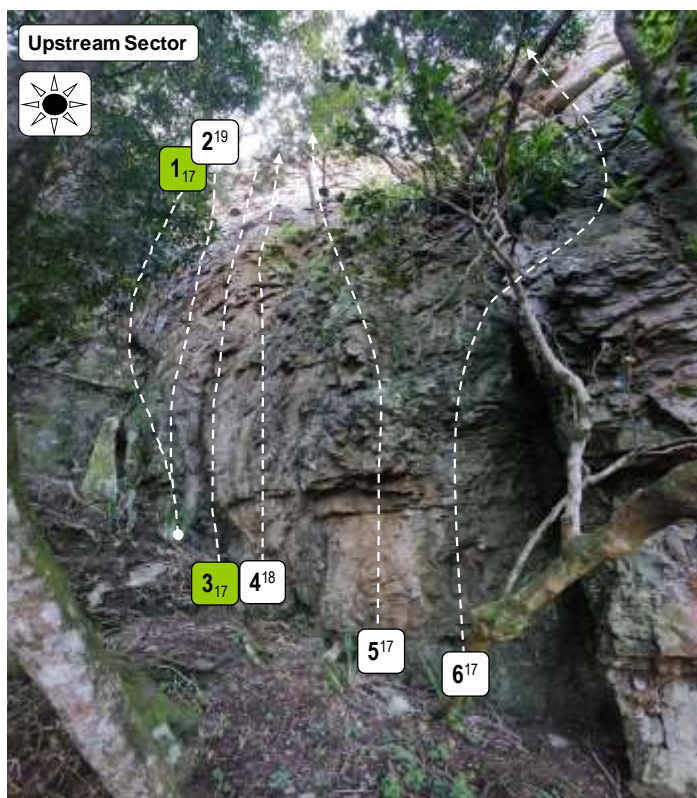
● **5. Bacon of Democracy - 17**

Derek Marshall & Terence Trevaskis 2022/12/03 (T)

Up of squat fin 1.5m L of off-width. Diagonally L past tree, onto ledge. Directly Up to R of slight R facing open book.

● **6. Karendemic - 17**

Up off-width, stepping R onto ledge. Up small open book with bulge. Stance on the ledge above.



Derek Marshall & Tyson Baars 2022/12/03 (T)



- **7. Necessary Darkness - 18** Derek & Juan-Dray Marshall 2024/04/06 (5B&C)
- **8. Silent Winter - 20** Derek & Juan-Dray Marshall 2024/04/06 (4B&C)
- **9. Deliver Us from Softness – 17** Derek Marshall & Terence Trevaskis 2021/07/10 (4B&C)

Originally climbed on trad.

- **10. Taste of Ashes - 17** Derek & Juan-Dray Marshall 2024/04/06 (4B&C)

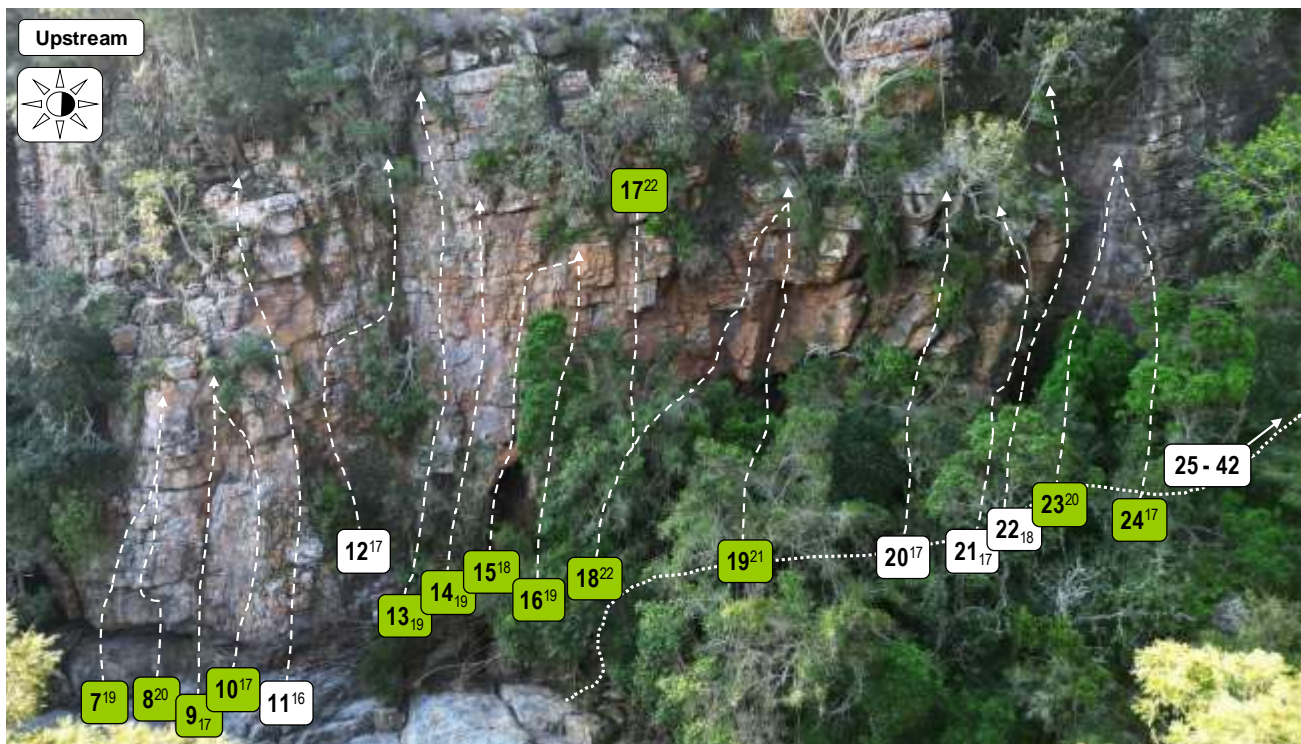
Climb without using the open book crack of *Deliver Us from Softness* or the easy parts of *Familiar Place of Dissent*.

- 11. Familiar Place of Dissent – 16** Derek Marshall & Terence Trevaskis 2021/07/10 (T)

Up ramp prow. Gear is tricky.

- 12. On Gifted Wings – 17** Derek Marshall & Terence Trevaskis 2021/07/25 (T)

Start on crumbly broken ramp to R of big dirty open book. Move a bit L to gear, then traverse R into the clean part of the open book crack. Up to a tree, where you will thank Jesus that it is over!



- **13. Fire Walks with Me – 19** Derek Marshall & Ruben Snyman 2021/07/11 (8B&C)
 - **14. Ready for The Apocalypse - 19 ★** Derek Marshall & Terence Trevaskis 2021/07/11 (6B&C)
 - **15. Shed My Skin – 18 ★** Ruben Snyman & Derek Marshall 2021/07/11 (5B&C)
 - **16. With Blackened Wings I Fly – 19 ★★** Derek Marshall & Ruben Snyman 2021/07/11 (5B&C)
 - **17. Appeal to Reason – 22 ★** Derek Marshall & Ruben Snyman 2022/03/27 (6B&C)
 - **18. Totem of Creation – 22 ★** Derek Marshall & Ruben Snyman 2021/07/17 (7B&C)
 - **19. Resting Bitch Face – 21 ★** Derek Marshall & Ruben Snyman 2021/09/11 (6B&C)
- Bolted by Ruben Snyman.
- 20. Omen of My Transformation - 17** Derek Marshall & Ruben Snyman 2021/07/17 (T)
- Up crack to L of arete. Directly up.
- 21. Reprehensible - 17** Derek Marshall & Nelmarie Van Staden 2021/07/25 (T)
- Just L of a prominent open book, up easy looking stepped groove.
- 22. The Wretched Snakery – 18 ★** Terence Trevaskis & Ruben Snyman 2021/07/10 (T)
- Prominent R facing open book.
- **23. Slavemason – 20 ★★** Terence Trevaskis & Derek Marshall 2021/07/18 (6B&C)
 - **24. Terror-misu – 17** Terence Trevaskis & Derek Marshall 2021/07/11 (6B&C)

25. Syphilitic Snakery - 16

Terence Trevaskis & Derek Marshall 2021/07/11 (T)

Up to R of ramp arête.

26. Seeds of Doubt - 16

Derek Marshall & Nelmarie Van Staden 2021/07/17 (T)

Start up to L of curved open book. Step R into open book.

27. Looted from Derek – 18

Terence Trevaskis & Nelmarie Van Staden 2021/07/17 (T)

Up break below R facing curved open book. Cross the open book into break to R.



28. Full Intention – 18 ★

Terence Trevaskis & Nelmarie Van Staden 2021/07/17 (T)

Up 2.5m L of the arête. Up then trend L into break.

29. Magic Spirit Guide – 18 ★

Terence Trevaskis & Nelmarie Van Staden 2021/07/17 (T)

Up ramp arête.

30. The Life Game - 16

Terence Trevaskis & Derek Marshall 2022/05/15 (T)

Up just R of arête. Move R above ledge & into open book crack. Move R over chimney.

31. Dancing Alone - 20

Terence Trevaskis & Derek Marshall 2022/05/15 (T)

Up on RHS of arch, then directly up.

32. Faith's Magician - 17

Derek Marshall & Terence Trevaskis 2021/07/18 (T)

Up tiny undercut open book. Move L low into break to L, then directly up.

33. Wise Shape Shifter – 17 ★★

Derek Marshall & Nelmarie Van Staden 2021/07/18 (T)

Up tiny undercut open book. Directly up nice lay away breaks.

The next routes are all quite short, about 10m, but all are on super rock, are slightly overhanging & have some quite stiff moves. Interesting climbing! Worthwhile.

34. Magical Thinking – 19 ★★

Derek Marshall & Ruben Snyman 2022/02/19 (T)

Super crack on an arête.

35. The Sin of Silence – 19 ★

Derek Marshall & Ruben Snyman 2022/02/19 (T)

Very prominent open book.

36. Mayonnaise Apocalypse – 23 ★★

Derek Marshall & Ruben Snyman 2022/02/20 (T)

Around the corner from The Sin of Silence, start a bit R to avoid the roof, then move L into horizontal crack. Up directly, using the arête to the L.

37. Structural Violence – 22 ★

Derek Marshall & Ruben Snyman 2022/02/20 (T)

Up a thin overhanging crack. Directly up.

38. Rage Farming – 21

Derek Marshall & Ruben Snyman 2022/03/12 (T)

Up into a R facing block open book.

39. The Weather Underground – 21 ★★

Derek Marshall & Ruben Snyman 2022/03/12 (T)

Starts with a tricky pull on a sloping crimp, up into an under-cling crack. Directly up, but trending R a bit.



40. T.U.R.D. (*The Ukraine Russia Distraction*) – 18

Up easier looking break about 4m R of the RH arête.

Derek Marshall & Ruben Snyman 2022/03/12 (T)

41. Consumption – 17

Up a broken line to L of the blunt broken arête.

Derek Marshall & Ruben Snyman 2022/03/26 (T)

42. Cult of the Self - 14

Up the blunt broken arête. Route is short.

Derek Marshall & Ruben Snyman 2022/03/26 (T)